



MOJAVE RIVER CAMPUS
LSB - Lunch 3-8

Monday	Tuesday	Wednesday	Thursday	Friday
October 1, 2018	October 2, 2018	October 3, 2018	October 4, 2018	October 5, 2018
October 8, 2018	October 9, 2018	October 10, 2018	October 11, 2018	October 12, 2018
October 15, 2018	October 16, 2018	October 17, 2018	October 18, 2018	October 19, 2018
DOMINOS PIZZA DAY Mixed Fruit Cup Salad Bar Selections Mixed Greens Salad Broccoli Florets Garbanzo Beans Green Pepper Slices Light French Dressing Choice of Milk	*LOVE YOUR CORN DOG* CORN DOG ON A STICK Pineapple Tidbits Mustard Ketchup Choice of Milk Salad Bar Selections Mixed Greens Salad Black Beans Corn Jalapenos Light Ranch Dressing	*LOVE YOUR BRUNCH* FRENCH TOAST STICKS W/SAUSAGE ^ Diced Peaches Syrup Choice of Milk Salad Bar Selections Mixed Greens Salad Broccoli Florets Garbanzo Beans Green Pepper Slices Light French Dressing	Honey Mustard Cup Fresh Fruit Pumpkin Chocolate Chip Mini Loaf ^ Choice of Milk Salad Bar Selections Fresh Spinach Leaves Fresh Grape Tomatoes Cauliflower Florets Cucumber Coins Light French Dressing *LOVE YOUR FALL HARVEST* POPCORN CHICKEN	*LOVE YOUR BBQ* BBQ CHICKEN Hamburger Bun ^ Fresh Fruit Choice of Milk Salad Bar Selections Mixed Greens Salad Red Peppers Green Beans Pickle Chips Fat Free Ranch Dressing
October 22, 2018	October 23, 2018	October 24, 2018	October 25, 2018	October 26, 2018
DOMINOS PIZZA DAY Frozen fruit cup Salad Bar Selections Fresh Spinach Leaves Garden Green Peas Cucumber Coins Fresh Zucchini Coins Light French Dressing Choice of Milk	Black Beans Jalapenos Light Ranch Dressing CHICKEN QUESO BURRITO ^ Pineapple Tidbits Salsa Choice of Milk Salad Bar Selections Mixed Greens Salad Diced Tomatoes	RANCH TURKEY BURGER Hamburger Bun ^ Grape Juice Ketchup Mayonnaise Choice of Milk Salad Bar Selections Mixed Greens Salad Green Beans Crunchy Celery Sticks Garbanzo Beans Light Ranch Dressing	CHICKEN NUGGETS ^ Fresh Fruit BBQ Sauce Choice of Milk Salad Bar Selections Fresh Spinach Leaves Garden Green Peas Cucumber Coins Fresh Zucchini Coins Light French Dressing	ROTINI BAKE WITH MEATSAUCE ^ Fresh Fruit Choice of Milk Salad Bar Selections Mixed Greens Salad Broccoli Florets Carrot Sticks Jicama Sticks Light Ranch Dressing Breadstick (IW)^
October 29, 2018	October 30, 2018	October 31, 2018		
DOMINOS PIZZA DAY Mixed Fruit Cup Salad Bar Selections Mixed Greens Salad Broccoli Florets Garbanzo Beans Green Pepper Slices Light Ranch Dressing Choice of Milk	Choice of Milk Salad Bar Selections Mixed Greens Salad Black Beans Corn Jalapenos Light French Dressing BAGEL DOG ^ Blended Fruit Juice Mustard Ketchup	FRENCH BREAD CHEESE PIZZA^ Diced Peaches Choice of Milk Salad Bar Selections Mixed Greens Salad Broccoli Florets Garbanzo Beans Green Pepper Slices Light Ranch Dressing		

ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS AND A CHOICE OF 1% AND FAT FREE MILK. ** MENU SUBJECT TO CHANGE **

^ Denotes item is whole-grain/whole wheat

*** This institution is an equal opportunity provider.



www.preferredmeals.com

