



NSLA/NORTON CAMPUS

Monday	Tuesday	Wednesday	Thursday	Friday
October 1, 2018	October 2, 2018	October 3, 2018	October 4, 2018	October 5, 2018
APPLE CINNAMON CHEERIOS ^ Vanilla Waffle Square Craisins Grape Juice Choice of Milk	BEEF SAUSAGE ON A BISCUIT Mixed Fruit Cup Blended Fruit Juice Assorted Jelly Choice of Milk	VANILLA YOGURT Granola ^ Fresh Fruit Choice of Milk	MAPLE PANCAKES Fresh Fruit Orange Juice Choice of Milk	CINNAMON TOAST CRUNCH ^ Animal Grahams Fresh Fruit Choice of Milk
October 8, 2018	October 9, 2018	October 10, 2018	October 11, 2018	October 12, 2018
STRAWBERRY BANANA YOGURT Granola ^ Craisins Apple Cherry Juice Choice of Milk	WAFFLES Pineapple Tidbits Orange Juice Syrup Choice of Milk	FROSTED CORN FLAKES ^ Graham Crackers Fresh Fruit Choice of Milk	EGG & CHEESE BAGEL Fresh Fruit Blended Fruit Juice Choice of Milk	CINNAMON CHEX Cherry Breakfast Bar ^ Fresh Fruit Choice of Milk
October 15, 2018	October 16, 2018	October 17, 2018	October 18, 2018	October 19, 2018
GOLDEN GRAHAM CEREAL Strawberry Pancake Square Craisins Orange Juice Choice of Milk	SCRAMBLED EGGS English Muffin Diced Pears Grape Juice Choice of Milk	COCOA PUFFS ^ Vanilla Waffle Square Fresh Fruit Choice of Milk	FRENCH TOAST STICKS Fresh Fruit Apple Cherry Juice Syrup Choice of Milk	NO SCHOOL
October 22, 2018	October 23, 2018	October 24, 2018	October 25, 2018	October 26, 2018
RICE CHEX ^ Maple Breakfast Square Craisins Apple Cherry Juice Choice of Milk	WHOLE GRAIN PANCAKES Orange Juice Cinnamon Applesauce Syrup Choice of Milk	String Cheese Tropical Mini Loaf Fresh Fruit Choice of Milk Assorted Jelly	BREAKFAST BURRITO Blended Fruit Juice Mixed Fruit Cup Salsa Choice of Milk	MULTI GRAIN CHEERIOS^ French Toast Breakfast Square Fresh Fruit Choice of Milk
October 29, 2018	October 30, 2018	October 31, 2018		
APPLE CINNAMON CHEERIOS ^ Vanilla Waffle Square Craisins Grape Juice Choice of Milk	BEEF SAUSAGE ON A BISCUIT Diced Pears Orange Juice Assorted Jelly Choice of Milk	RASPBERRY YOGURT Granola ^ Fresh Fruit Choice of Milk		

ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS AND A CHOICE OF 1% AND FAT FREE MILK. ** MENU SUBJECT TO CHANGE **

^ Denotes item is whole-grain/whole wheat

*** This institution is an equal opportunity provider.