



February

LUNCH



MOJAVE RIVER CAMPUS Lunch High School

Monday	Tuesday	Wednesday	Thursday	Friday
January 30, 2017	January 31, 2017	February 1, 2017	February 2, 2017	February 3, 2017
		BBQ CHICKEN Hamburger Bun TURKEY AND CHEESE ON WHOLE WHEAT BREAD Mustard Mayonnaise Fresh Fruit Diced Peaches Cheddar Sun Chips Salad Bar Selections Fresh Spinach Leaves Garden Green Peas Fresh Zucchini Coins Onions Light Ranch Dressing Choice of Milk	MACARONI & CHEESE POPCORN CHICKEN SALAD Croutons Shredded Cheddar Cheese Fresh Fruit Chocolate Cookie Salad Bar Selections Mixed Greens Salad Broccoli Florets Carrot Sticks Jicama Sticks Light Ranch Dressing Choice of Milk	*Build A Better Burger* CHEESEBURGER Hamburger Bun Mustard Ketchup TURKEY HAM & CHEESE ON A WHOLE WHEAT BUN Mayonnaise Diced Peas Fresh Fruit Salad Bar Selections Mixed Greens Salad Green Beans Pickle Chips Crunchy Celery Sticks Light Italian Dressing Choice of Milk
February 6, 2017	February 7, 2017	February 8, 2017	February 9, 2017	February 10, 2017
POPCORN CHICKEN BBQ Sauce TURKEY HAM & CHEESE ON A WHOLE WHEAT BUN Mustard Strawberry Applesauce Orange Juice Multigrain Sun Chips Salad Bar Selections Mixed Greens Salad Carrot Sticks Jicama Sticks Crunchy Celery Sticks Light Ranch Dressing Choice of Milk	WAGON WHEEL PASTA W/MEATSAUCE Breadstick POPCORN CHICKEN SALAD Croutons Shredded Cheddar Cheese Pineapple Tidbits Blended Fruit Juice Salad Bar Selections Mixed Greens Salad Red Peppers Green Beans Garbanzo Beans Light French Dressing Choice of Milk	CHARBROILED HAMBURGER Hamburger Bun Ketchup TURKEY HAM & CHEESE PANINI Mayonnaise Mustard Fresh Fruit Mixed Fruit Cup Salad Bar Selections Mixed Greens Salad Black Beans Corn Jalapenos Light Ranch Dressing Choice of Milk	WG CHICKEN NUGGETS WITH POTATO ROUNDS TACO SALAD Croutons Shredded Cheddar Cheese Fresh Fruit Chocolate Chip Minis Salad Bar Selections Mixed Greens Salad Broccoli Florets Pickle Chips Green Pepper Slices Light Ranch Dressing Choice of Milk	CHEESY CHICKEN BROCCOLI BAKE Lemon Loaf TURKEY AND CHEESE ON WHOLE WHEAT BREAD Mustard Fresh Fruit Diced Peaches Salad Bar Selections Fresh Spinach Leaves Fresh Grape Tomatoes Cauliflower Florets Cucumber Coins Light French Dressing Choice of Milk
February 13, 2017	February 14, 2017	February 15, 2017	February 16, 2017	February 17, 2017
PIZZA DIPPERS Marinara Dipping Sauce TURKEY HAM & CHEESE PANINI Mustard Mayonnaise Mixed Fruit Cup 4.36 OZ Grape Juice Salad Bar Selections Mixed Greens Salad Green Beans Crunchy Celery Sticks Red Peppers Light Italian Dressing Choice of Milk	CRISPY CHICKEN TENDERS (WHOLE GRAIN) BBQ Sauce TACO SALAD Croutons Shredded Cheddar Cheese Diced Peaches Cinnamon Applesauce Cheddar Sun Chips Salad Bar Selections Mixed Greens Salad Diced Tomatoes Black Beans Jalapenos Light Ranch Dressing Choice of Milk	HOT DOG WITH POTATO ROUNDS Hot Dog Bun Mustard Ketchup TURKEY AND CHEESE ON WHOLE WHEAT BREAD Fresh Fruit Blended Fruit Juice Lemon Cookie Salad Bar Selections Mixed Greens Salad Broccoli Florets Pickle Chips Jicama Sticks Light Ranch Dressing Choice of Milk	*BREAKFAST FOR LUNCH* PANCAKES & SAUSAGE Syrup POPCORN CHICKEN SALAD Croutons Shredded Cheddar Cheese Fresh Fruit Salad Bar Selections Mixed Greens Salad Carrot Sticks Garbanzo Beans Onions Light French Dressing Choice of Milk	CRISPY CHICKEN FILLET Hamburger Bun BBQ Sauce TURKEY HAM & CHEESE ON A WHOLE WHEAT BUN Mustard Mayonnaise Diced Peas Pineapple Tidbits Snickerdoodle Cookie Salad Bar Selections Fresh Spinach Leaves Garden Green Peas Cucumber Coins Fresh Zucchini Coins Light French Dressing Choice of Milk
February 20, 2017	February 21, 2017	February 22, 2017	February 23, 2017	February 24, 2017
PRESIDENTS DAY	WG CHICKEN NUGGETS WITH POTATO ROUNDS BBQ Sauce Ketchup TACO SALAD Croutons Shredded Cheddar Cheese Applesauce Cup Diced Peas Chocolate Cookie Salad Bar Selections Mixed Greens Salad Red Peppers Green Beans Pickle Chips Light Ranch Dressing Choice of Milk	TURKEY BURGER Hamburger Bun Mustard Ketchup TURKEY HAM & CHEESE PANINI Mixed Fruit Cup Grape Juice Salad Bar Selections Mixed Greens Salad Carrot Sticks Jicama Sticks Crunchy Celery Sticks Light Ranch Dressing Choice of Milk	CHILI DAY! CHILI Corn Muffin POPCORN CHICKEN SALAD Croutons Shredded Cheddar Cheese Fresh Fruit Salad Bar Selections Mixed Greens Salad Black Beans Corn Jalapenos Light French Dressing Choice of Milk	PIZZA DIPPERS Marinara Dipping Sauce TURKEY AND CHEESE ON WHOLE WHEAT BREAD Mustard Mayonnaise Fresh Fruit Apple Juice Salad Bar Selections Fresh Spinach Leaves Fresh Grape Tomatoes Cauliflower Florets Cucumber Coins Croutons Light Italian Dressing Choice of Milk

February 27, 2017	February 28, 2017	March 1, 2017	March 2, 2017	March 3, 2017
CHICKEN TENDERS WITH POTATO WEDGES Breadstick BBQ Sauce Ketchup TURKEY HAM & CHEESE ON A WHOLE WHEAT BUN Mustard Mayonnaise Mixed Fruit Cup Orange Sorbet 100% Juice Salad Bar Selections Mixed Greens Salad Broccoli Florets Carrot Sticks Jicama Sticks Light Ranch Dressing Choice of Milk	HOT DOG WITH POTATO ROUNDS Hot Dog Bun Mustard Ketchup TACO SALAD Croutons Shredded Cheddar Cheese Diced Peaches Grape Juice WG Pretzel Salad Bar Selections Mixed Greens Salad Diced Tomatoes Black Beans Jalapenos Fat Free Ranch Dressing Choice of Milk			

**** ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS AND A CHOICE OF 1% AND FAT FREE MILK.

*** MENU SUBJECT TO CHANGE.

*** This institution is an equal opportunity provider.

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