

# NSLA/NORTON CAMPUS OCTOBER BREAKFAST

	Tuesday	Wednesday	Thursday	Friday
	October 1, 2019	October 2, 2019	October 3, 2019	October 4, 2019
	BEEF SAUSAGE ON A BISCUIT ^ Applesauce Cup Fruit Punch Juice Assorted Jelly Choice of Milk	BANANA MUFFIN ^ String Cheese Fresh Apple Choice of Milk	WAFFLES ^ Fresh Banana Orange-Tangerine Juice Syrup Choice of Milk	CINNAMON TOAST CRUNCH ^ Animal Grahams Fresh Apple Choice of Milk
October 7, 2019	October 8, 2019	October 9, 2019	October 10, 2019	October 11, 2019
FRUITY CHEERIOS ^ Animal Grahams ^ Craisins Apple Juice Choice of Milk	CHEESE OMELET Sliced Bread ^ Assorted Jelly Fruit Punch Juice Diced Pears Choice of Milk	FROSTED CORN FLAKES ^ Vanilla Waffle Square ^ Fresh Apple Choice of Milk	FRENCH TOAST STICKS ^ Fresh Banana Orange-Tangerine Juice Syrup Choice of Milk	PEACH MINI LOAF ^ String Cheese Fresh Apple Choice of Milk
October 14, 2019	October 15, 2019	October 16, 2019	October 17, 2019	October 18, 2019
GOLDEN GRAHAM CEREAL ^ French Toast Breakfast Square ^ Craisins Fruit Punch Juice Choice of Milk	PANCAKES ^ Orange-Tangerine Juice Diced Peaches Syrup Choice of Milk	String Cheese Chocolate Chip Mini Loaf ^ Fresh Apple Choice of Milk	BREAKFAST BURRITO ^ Fresh Banana Applesauce Cup Taco Sauce Choice of Milk	NO SCHOOL
October 21, 2019	October 22, 2019	October 23, 2019	October 24, 2019	October 25, 2019
TRIX ^ Strawberry Pancake Square ^ Craisins Grape Juice Choice of Milk	CHICKEN BISCUIT ^ Mixed Fruit Cup Fruit Punch Juice Honey Choice of Milk	Choice of Milk BLUEBERRY MUFFIN ^ String Cheese Fresh Apple	WAFFLES ^ Fresh Banana Orange-Tangerine Juice Choice of Milk	CORN CHEX ^ Vanilla Waffle Square ^ Fresh Apple Choice of Milk
October 28, 2019	October 29, 2019	October 30, 2019	October 31, 2019	
COCOA PUFFS ^ Graham Crackers ^ Craisins Orange-Tangerine Juice Choice of Milk	Choice of Milk Apple Juice Syrup STRAWBERRY PANCAKES ^ Diced Pears	CINNAMON CHEX ^ Maple Breakfast Square ^ Fresh Apple Choice of Milk	TURKEY HAM & CHEESE ON ENGLISH MUFFIN ^ Fresh Banana Diced Peaches Assorted Jelly Choice of Milk	

ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS AND A CHOICE OF 1% AND FAT FREE MILK. \*\* MENU SUBJECT TO CHANGE \*\*

^ Denotes item is whole-grain/whole wheat