

# NSLA/NORTON CAMPUS OCTOBER LUNCH

	Tuesday	Wednesday	Thursday	Friday
	October 1, 2019	October 2, 2019	October 3, 2019	October 4, 2019
	<b>PICK UP STIX</b> Orange Chicken w/ Vegetables Grades 4-8 Sriracha House Chicken Diced Peaches Choice of Milk	MEATLOAF PANINI ^ Crunchy Celery Sticks Fat Free Ranch Dressing Corn Diced Pears Ketchup Choice of Milk	CHEESY TACO MEAT Tortilla Rounds ^ Romaine Salad Jalapenos Light Ranch Dressing Fresh Apple Slices Salsa Choice of Milk	DOMINOS PIZZA DAY Baby Carrots Fresh Banana Choice of Milk Light Ranch Dressing
October 7, 2019	October 8, 2019	October 9, 2019	October 10, 2019	October 11, 2019
PANCAKES & SAUSAGE ^ Tropical Veggie Juice Applesauce Cup Syrup Choice of Milk	HOMESTYLE SALISBURY STEAK W/GRAVY Hamburger Bun ^ Potato Wedges Mixed Fruit Cup Ketchup Choice of Milk	POPCORN CHICKEN^ Romaine Salad Light Ranch Dressing Orange-Tangerine Juice Choice of Milk	MINI CORN DOGS ^ Maple Baked Beans Baby Carrots Light Ranch Dressing Fresh Pear* Mustard Ketchup Choice of Milk	DOMINOS PIZZA DAY Diced Carrots Fresh Banana Choice of Milk Light Ranch Dressing
October 14, 2019	October 15, 2019	October 16, 2019	October 17, 2019	October 18, 2019
CHICKEN DUNKERS W/PARMESAN MARINARA SAUCE ^ Breadstick ^ Green Beans Applesauce Cup Choice of Milk	<b>PICK UP STIX</b> Teriyaki Chicken w/ Vegetables Grades 4-8 Sriracha House Chicken Diced Pears Choice of Milk	CHICKEN TACO Tortilla Rounds ^ Fiesta Beans Fresh Banana Choice of Milk	*NATIONAL PASTA DAY* PENNE PASTA W/MEAT SAUCE ^ Mixed Vegetables Diced Peaches Choice of Milk	NO SCHOOL
October 21, 2019	October 22, 2019	October 23, 2019	October 24, 2019	October 25, 2019
CHEESEBURGER Mixed Vegetables Orange-Tangerine Juice Choice of Milk	BBQ CHICKEN Hamburger Bun ^ Maple Baked Beans Diced Pears Choice of Milk	HOT DOG W/ POTATO ROUNDS Hot Dog Bun ^ Romaine Salad Light Ranch Dressing Fresh Banana Mustard Ketchup Choice of Milk	CHICKEN NUGGETS ^ Country Blend Vegetables Fresh Apple Slices Honey Mustard Cup Choice of Milk	DOMINOS PIZZA DAY Green Beans Diced Peaches Choice of Milk Light Ranch Dressing
October 28, 2019	October 29, 2019	October 30, 2019	October 31, 2019	
POPCORN CHICKEN ^ Corn Mixed Fruit Cup BBQ Sauce Choice of Milk	RANCH TURKEY BURGER Hamburger Bun ^ Chipotle Ranch Choice of Milk Golden Potato Rounds Orange-Tangerine Juice Ketchup	MACARONI & CHEESE Broccoli Florets Baby Carrots Fat Free Ranch Dressing Fresh Banana Choice of Milk	SLOPPY JOE Hamburger Bun ^ Applesauce Cup Choice of Milk Maple Baked Beans	

ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS AND A CHOICE OF 1% AND FAT FREE MILK. \*\* MENU SUBJECT TO CHANGE \*\*

^ Denotes item is whole-grain/whole wheat

\*\*\* This institution is an equal opportunity provider.