

MARCH

Lunch



MOJAVE RIVER CAMPUS Lunch 9-12

				Friday
				March 1, 2019
				DELI SUB SANDWICH ^ Mayonnaise Mustard Diced Peaches Fruit Punch Juice Choice of Milk Salad Bar Selections Mixed Greens Salad Broccoli Florets Carrot Sticks Jicama Sticks Light Ranch Dressing Dominos Pepperoni Pizza
March 4, 2019	March 5, 2019	March 6, 2019	March 7, 2019	March 8, 2019
Dominos Pizza day Choice of Milk Salad Bar Selections Mixed Greens Salad Croutons ^ Black Beans Corn Jalapenos Light Ranch Dressing Shredded Cheddar Cheese Fresh Apple*	*BREAKFAST FOR LUNCH* PANCAKES & SAUSAGE ^ Syrup POPCORN CHICKEN SALAD ^ Croutons ^ Shredded Cheddar Cheese Mixed Fruit Cup Grape Juice Pretzel ^ Choice of Milk Salad Bar Selections Mixed Greens Salad Red Peppers Green Beans Carrot Sticks Light Ranch Dressing	PIZZA DIPPERS ^ Marinara Dipping Sauce TURKEY BOLOGNA SANDWICH^ SunSet Sip Juice Mayonnaise Diced Peaches Apple Juice Choice of Milk Salad Bar Selections Mixed Greens Salad Carrot Sticks Jicama Sticks Crunchy Celery Sticks Light French Dressing	HOT DOG WITH POTATO ROUNDS Hot Dog Bun ^ Mustard Ketchup TACO MEAT SALAD Croutons ^ Shredded Cheddar Cheese Fresh Apple* Vanilla Cookie ^ Choice of Milk Salad Bar Selections Mixed Greens Salad Black Beans Corn Jalapenos Light Ranch Dressing	TURKEY HAM & CHEESE PANINI ^ Mustard Mayonnaise Fresh Banana* Orange-Tangerine Juice Choice of Milk Salad Bar Selections Mixed Greens Salad Broccoli Florets Garbanzo Beans Green Pepper Slices Light Italian Dressing Dominos Pepperoni Pizza
March 11, 2019	March 12, 2019	March 13, 2019	March 14, 2019	March 15, 2019
Dominos Pizza day Choice of Milk Salad Bar Selections Croutons ^ Shredded Cheddar Cheese Mixed Greens Salad Diced Tomatoes Black Beans Jalapenos Light Ranch Dressing Fresh Apple*	CHEESEBURGER Hamburger Bun ^ Mustard Ketchup POPCORN CHICKEN SALAD^ Croutons ^ Shredded Cheddar Cheese Diced Pears Fruit Punch Juice Choice of Milk Salad Bar Selections Mixed Greens Salad Red Peppers Crunchy Celery Sticks Garbanzo Beans Light French Dressing	SPECIAL MEAL CHICKEN WINGS Corn Muffin ^ TURKEY SALAMI & CHEESE ON A WHOLE WHEAT BUN^ Mayonnaise Diced Peaches Apple Juice Choice of Milk Salad Bar Selections Fresh Spinach Leaves Garden Green Peas Cucumber Coins Fresh Zucchini Coins Light Ranch Dressing	BBQ CHICKEN Hamburger Bun ^ TACO SALAD Croutons ^ Shredded Cheddar Cheese Fresh Apple* Vanilla Cookie ^ Choice of Milk Salad Bar Selections Mixed Greens Salad Diced Tomatoes Black Beans Jalapenos Light Ranch Dressing	BEAN & CHEESE BURRITO ^ Fresh Banana* Grape Juice Choice of Milk Salad Bar Selections Mixed Greens Salad Broccoli Florets Carrot Sticks Jicama Sticks Light Ranch Dressing Dominos Pepperoni Pizza
March 18, 2019	March 19, 2019	March 20, 2019	March 21, 2019	March 22, 2019
Dominos Pizza day Choice of Milk Salad Bar Selections Croutons ^ Mixed Greens Salad Broccoli Florets Garbanzo Beans Green Pepper Slices Light Ranch Dressing Shredded Cheddar Cheese Fresh Apple*	CORN DOG ON A STICK^ Mustard POPCORN CHICKEN SALAD ^ Croutons ^ Shredded Cheddar Cheese Diced Peaches Craisins Choice of Milk Salad Bar Selections Mixed Greens Salad Black Beans Corn Jalapenos Light Ranch Dressing	PENNE PASTA W/MEAT SAUCE ^ Breadstick (IW)^ DELI SUB SANDWICH ^ SunSet Sip Juice Mayonnaise Diced Pears Apple Juice Choice of Milk Salad Bar Selections Mixed Greens Salad Red Peppers Green Beans Carrot Sticks Light Ranch Dressing	CHICKEN NACHOS Tortilla Rounds ^ TACO MEAT SALAD Croutons ^ Shredded Cheddar Cheese Fresh Apple* Chocolate Cookie ^ Choice of Milk Salad Bar Selections Mixed Greens Salad Broccoli Florets Garbanzo Beans Green Pepper Slices Light Ranch Dressing	TURKEY & CHEESE SANDWICH ^ Mustard Mayonnaise Fresh Orange* Apple Juice Choice of Milk Salad Bar Selections Mixed Greens Salad Carrot Sticks Jicama Sticks Crunchy Celery Sticks Light Ranch Dressing Dominos Pepperoni Pizza
March 25, 2019	March 26, 2019	March 27, 2019	March 28, 2019	March 29, 2019
SPRING BREAK	SPRING BREAK	SPRING BREAK	SPRING BREAK	SPRING BREAK

ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS AND A CHOICE OF 1% AND FAT FREE MILK.

** MENU SUBJECT TO CHANGE **

^ Denotes item is whole-grain/whole wheat

*** This institution is an equal opportunity provider.

www.preferredmeals.com

