

NSLA NOVEMBER BREAKFAST

Monday	Tuesday	Wednesday	Thursday	Friday
October 28, 2019	October 29, 2019	October 30, 2019	October 31, 2019	November 1, 2019
COCOA PUFFS ^ Graham Crackers ^ Craisins Orange-Tangerine Juice Choice of Milk	STRAWBERRY PANCAKES Choice of Milk Apple Juice Syrup Diced Pears	CINNAMON CHEX ^ Maple Breakfast Square ^ Fresh Apple Choice of Milk	TURKEY HAM & CHEESE ON ENGLISH MUFFIN ^ Fresh Banana Diced Peaches Assorted Jelly Choice of Milk	STRING CHEESE PEACH MINI LOAF ^ Fresh Apple Choice of Milk
November 4, 2019	November 5, 2019	November 6, 2019	November 7, 2019	November 8, 2019
APPLE CINNAMON CHEERIOS ^ Vanilla Waffle Square Craisins Grape Juice Choice of Milk	BEEF SAUSAGE ON A BISCUIT ^ Applesauce Cup Fruit Punch Juice Assorted Jelly Choice of Milk	BANANA MUFFIN ^ String Cheese Fresh Apple Choice of Milk	WAFFLES ^ Fresh Banana Orange-Tangerine Juice Syrup Choice of Milk	CINNAMON TOAST CRUNCH ^ Fresh Apple Choice of Milk Animal Grahams
November 11, 2019	November 12, 2019	November 13, 2019	November 14, 2019	November 15, 2019
NO SCHOOL	CHEESE OMELET Sliced Bread ^ Assorted Jelly Fruit Punch Juice Diced Pears Choice of Milk	FROSTED CORN FLAKES ^ Vanilla Waffle Square ^ Fresh Apple Choice of Milk	FRENCH TOAST STICKS ^ Fresh Banana Orange-Tangerine Juice Syrup Choice of Milk	PEACH MINI LOAF ^ String Cheese Fresh Apple Choice of Milk
November 18, 2019	November 19, 2019	November 20, 2019	November 21, 2019	November 22, 2019
GOLDEN GRAHAM CEREAL ^ French Toast Breakfast Square ^ Craisins Fruit Punch Juice Choice of Milk	PANCAKES ^ Orange-Tangerine Juice Diced Peaches Syrup Choice of Milk	CHOCOLATE CHIP MINI LOAF ^ Fresh Apple Choice of Milk String Cheese	BREAKFAST BURRITO ^ Fresh Banana Applesauce Cup Taco Sauce Choice of Milk	APPLE CINNAMON CHEERIOS ^ Maple Breakfast Square ^ Fresh Apple Choice of Milk
November 25, 2019	November 26, 2019	November 27, 2019	November 28, 2019	November 29, 2019
HOLIDAY BREAK	HOLIDAY BREAK	HOLIDAY BREAK	THANKSGIVING	HOLIDAY BREAK

ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS AND A CHOICE OF 1% AND FAT FREE MILK. ** MENU SUBJECT TO CHANGE **

^ Denotes item is whole-grain/whole wheat

*** This institution is an equal opportunity provider.