

# AAE NOVEMBER LUNCH TK-8TH

| Monday  | Tuesday   | Wednesday   | Thursday  | Friday  |
|---|---|---|---|---|
| October 28, 2019  | October 29, 2019  | October 30, 2019  | October 31, 2019  | November 1, 2019  |
| CHEESEBURGER<br>Hamburger Bun ^<br>FRENCH FRIES<br>Salad Bar Selections<br>Mixed Greens Salad<br>Red Peppers<br>Pickle Chips<br>Diced Peaches<br>Choice of Milk   | RANCH TURKEY BURGER<br>Hamburger Bun ^<br>Orange-Tangerine Juice<br>Chipotle Ranch<br>Choice of Milk<br>Salad Bar Selections<br>Fresh Spinach Leaves<br>Garden Green Peas<br>Cucumber Coins<br>Fresh Zucchini Coins<br>Light Ranch Dressing | MACARONI & CHEESE<br>Salad Bar Selections Mixed<br>Greens Salad<br>Broccoli Florets Carrot Sticks<br>Jicama Sticks<br>Light French Dressing<br>Fresh Banana*<br>Choice of Milk                        | SLOPPY JOE Hamburger Bun<br>^ Applesauce Cup<br>Choice of Milk<br>Salad Bar Selections Mixed<br>Greens Salad Diced Tomatoes<br>Black Beans<br>Jalapenos<br>Light Ranch Dressing                             | DOMINOS PIZZA<br>Salad Bar Selections<br>Mixed Greens Salad<br>Crunchy Celery Sticks<br>Fresh Pear<br>Choice of Milk  |
| November 4, 2019  | November 5, 2019  | November 6, 2019  | November 7, 2019  | November 8, 2019  |
| PIZZA DIPPERS ^<br>Marinara Dipping Sauce<br>Green Beans<br>Crunchy Celery Sticks<br>Fat Free Italian Dressing<br>Fresh Pear<br>Choice of Milk<br>Salad Bar Selections<br>Mixed Greens Salad                                    | RIB-B-QUE<br>Hamburger Bun ^<br>Diced Peaches<br>Choice of Milk<br>Salad Bar Selections<br>Fresh Spinach Leaves<br>Fresh Grape Tomatoes<br>Cauliflower Florets<br>Cucumber Coins<br>Light French Dressing                                   | MEATLOAF PANINI ^<br>Diced Peas<br>Ketchup<br>Choice of Milk<br>Salad Bar Selections<br>Mixed Greens Salad<br>Carrot Sticks<br>Jicama Sticks<br>Crunchy Celery Sticks<br>Light Ranch Dressing         | CHEESY TACO MEAT<br>Tortilla Rounds ^<br>Fresh Apple Slices<br>Salsa<br>Choice of Milk<br>Salad Bar Selections<br>Mixed Greens Salad<br>Red Peppers<br>Garbanzo Beans<br>Jalapenos<br>Light French Dressing | DOMINOS PIZZA<br>Fresh Banana*<br>Choice of Milk<br>Salad Bar Selections<br>Mixed Greens Salad<br>Black Beans<br>Corn<br>Pickle Chips<br>Light Ranch Dressing           |
| November 11, 2019   | November 12, 2019   | November 13, 2019   | November 14, 2019   | November 15, 2019   |
| CRISPY CHICKEN PATTY ^<br>Hamburger Bun ^<br>Fresh Banana*<br>BBQ Sauce<br>Choice of Milk<br>Salad Bar Selections<br>Mixed Greens Salad<br>Black Beans<br>Corn<br>Pickle Chips<br>Light Ranch Dressing                          | HOMESTYLE SALISBURY<br>STEAK W/GRAVY<br>Hamburger Bun ^<br>Mixed Fruit Cup<br>Choice of Milk<br>Salad Bar Selections<br>Fresh Spinach Leaves<br>Garden Green Peas<br>Cucumber Coins<br>Fresh Zucchini Coins<br>Light French Dressing        | PANCAKES & SAUSAGE ^<br>Orange-Tangerine Juice<br>Syrup<br>Choice of Milk<br>Salad Bar Selections<br>Mixed Greens Salad<br>Broccoli Florets<br>Carrot Sticks<br>Jicama Sticks<br>Light Ranch Dressing | MINI CORN DOGS ^<br>Fresh Pear*<br>Mustard<br>Ketchup<br>Choice of Milk<br>Salad Bar Selections<br>Mixed Greens Salad<br>Diced Tomatoes<br>Black Beans<br>Jalapenos<br>Light Ranch Dressing                 | DOMINOS PIZZA<br>Fresh Banana*<br>Choice of Milk<br>Salad Bar Selections<br>Mixed Greens Salad<br>Red Peppers<br>Garbanzo Beans<br>Pickle Chips<br>Light Ranch Dressing |
| November 18, 2019   | November 19, 2019   | November 20, 2019   | November 21, 2019   | November 22, 2019   |
| ITALIAN CHICKEN<br>PARMESAN ^<br>Hamburger Bun ^<br>Fresh Banana*<br>Choice of Milk<br>Salad Bar Selections<br>Mixed Greens Salad<br>Red Peppers<br>Garbanzo Beans<br>Pickle Chips<br>Light Ranch Dressing                      | BAGEL DOG ^<br>Diced Peas<br>Mustard<br>Ketchup<br>Choice of Milk<br>Salad Bar Selections<br>Mixed Greens Salad<br>Red Peppers<br>Garbanzo Beans<br>Pickle Chips<br>Light Ranch Dressing  | CHICKEN TACO<br>Tortilla Rounds ^<br>Fresh Banana*<br>Choice of Milk<br>Salad Bar Selections<br>Mixed Greens Salad<br>Diced Tomatoes<br>Black Beans<br>Jalapenos<br>Light Ranch Dressing              | MEATBALL<br>SUB<br>Hot Dog Bun ^<br>Diced Peaches<br>Choice of Milk<br>Salad Bar Selections<br>Fresh Spinach Leaves<br>Garden Green Peas<br>Cucumber Coins<br>Fresh Zucchini Coins<br>Light Ranch Dressing  | DOMINOS PIZZA<br>Orange-Tangerine Juice<br>Choice of Milk<br>Salad Bar Selections<br>Mixed Greens Salad<br>Broccoli Florets<br>Carrot Sticks<br>Jicama Sticks           |
| November 25, 2019   | November 26, 2019   | November 27, 2019   | November 28, 2019   | November 29, 2019   |
| TERIYAKI CHICKEN PATTY<br>Hamburger Bun ^<br>Orange-Tangerine Juice<br>Choice of Milk<br>Salad Bar Selections<br>Mixed Greens Salad<br>Broccoli Florets<br>Carrot Sticks<br>Jicama Sticks<br>Light Ranch Dressing<br>Mayonnaise | HOLIDAY MEAL**<br>TURKEY W/STUFFING<br>GRAVY<br>SWEET POTATOES ^<br>Diced Peas<br>Chocolate Cookie ^<br>Choice of Milk<br>Salad Bar Selections<br>Mixed Greens Salad<br>Black Beans<br>Corn<br>Green Beans<br>Light French Dressing         | HOLIDAY BREAK   | THANKSGIVING  | HOLIDAY BREAK   |

ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS AND A CHOICE OF 1% AND FAT FREE MILK. \*\* MENU SUBJECT TO CHANGE \*\*

^ Denotes item is whole-grain/whole wheat

