

April 2023

BREAKFAST

Monday

Tuesday

Wednesday

Thursday

Friday

3

**Banana Muffin
Frosted Flakes w/
Cinnamon Grahams**
Main Fruit Orange
2nd Fruit- Apple
1% White Milk
Fat Free White Milk

4

**Apple Jacks w/ Honey
Grahams
Pancake Stack w/ Syrup**
Main Fruit Banana
2nd Fruit- Pear
1% White Milk
Fat Free White Milk

5

**Pan Dulce
Frosted Flakes w/
Cinnamon Grahams**
100% Fruit Juice
2nd Fruit- Apple
1% White Milk
Fat Free White Milk

6

**Chicken Sausage Breakfast
Sandwich
Froot Loops w/ Honey
Grahams**
Main Fruit Orange
2nd Fruit- Pear
1% White Milk
Fat Free White Milk

7

**Cinnamon Delight
Frosted Flakes w/
Cinnamon Grahams**
Main Fruit Pear
2nd Fruit- Apple
1% White Milk
Fat Free White Milk

10

**Mantecada
Frosted Flakes w/
Cinnamon Grahams**
Main Fruit Orange
2nd Fruit- Apple
1% White Milk
Fat Free White Milk

11

**Apple Jacks w/ Honey
Grahams
Breakfast Cheese Tamale**
Main Fruit Banana
2nd Fruit- Pear
1% White Milk
Fat Free White Milk

12

**Apple Berry ZeeZee Bar
Frosted Flakes w/
Cinnamon Grahams**
100% Fruit Juice
2nd Fruit- Apple
1% White Milk
Fat Free White Milk

13

**Froot Loops w/ Honey
Grahams
WG Mini Maple Eggo
Waffles**
Main Fruit Orange
2nd Fruit- Pear
1% White Milk
Fat Free White Milk

14

**Cranberry Oatmeal Round
Frosted Flakes w/
Cinnamon Grahams**
Main Fruit Pear
2nd Fruit- Apple
1% White Milk
Fat Free White Milk

17

**Pan Dulce
Frosted Flakes w/
Cinnamon Grahams**
Main Fruit Orange
2nd Fruit- Apple
1% White Milk
Fat Free White Milk

18

**Apple Jacks w/ Honey
Grahams
Bean & Cheese Burrito w/
Hot Sauce**
Main Fruit Banana
2nd Fruit- Pear
1% White Milk
Fat Free White Milk

19

**Blueberry Muffin
Frosted Flakes w/
Cinnamon Grahams**
100% Fruit Juice
2nd Fruit- Apple
1% White Milk
Fat Free White Milk

20

**Mini French Toast Bites
Froot Loops w/ Honey
Grahams**
Main Fruit Orange
2nd Fruit- Pear
1% White Milk
Fat Free White Milk

21

**Banana Bread
Frosted Flakes w/
Cinnamon Grahams**
Main Fruit Pear
2nd Fruit- Apple
1% White Milk
Fat Free White Milk

24

**Whole Grain Bagel w/
Cream Cheese
Frosted Flakes w/
Cinnamon Grahams**
Main Fruit Orange
2nd Fruit- Apple
1% White Milk
Fat Free White Milk

25

**Apple Jacks w/ Honey
Grahams & Whole Fruit
Yogurt Parfait w/
Strawberries & Honey
Grahams**
Main Fruit Banana
1% White Milk
Fat Free White Milk

26

**Cinnamon Roll
Frosted Flakes w/
Cinnamon Grahams**
100% Fruit Juice
2nd Fruit- Apple
1% White Milk
Fat Free White Milk

27

**Froot Loops w/ Honey
Grahams
Scrambled Egg Breakfast
Sandwich**
Main Fruit Orange
2nd Fruit- Pear
1% White Milk
Fat Free White Milk

28

**Blueberry Mini Muffin &
String Cheese
Frosted Flakes w/
Cinnamon Grahams**
Main Fruit Pear
2nd Fruit- Apple
1% White Milk
Fat Free White Milk

