



# February 2023 Breakfast Menu



Monday	Tuesday	Wednesday	Thursday	Friday
<b>DAILY CEREAL OPTION</b>				
Frosted Flakes w/ Cinnamon Grahams	Apple Jacks w/ Honey Grahams <i>(w/ Banana on 1/31 &amp; 2/28)</i>	Cheerios w/ Cinnamon Grahams	Fruit Loops w/ Honey Grahams	Apple Jacks w/ Honey Grahams
<b>FEATURED ENTRÉE OF THE DAY</b>				
30	31	1	2	3
Mango Muffin	Yogurt Parfait w/ Strawberries Honey Grahams	Cinnamon Delight	Scrambled Egg Breakfast Sandwich	Blueberry Mini Muffin & String Cheese
<i>Dried Cranberries (1/2 c) &amp; Apple (1/2 c)</i>	<i>Pear (1/2 c)</i>	<i>100% Fruit Juice (4 oz) &amp; Apple (1/2 c)</i>	<i>Orange &amp; Pear (1/2 c)</i>	<i>Pear (1/2 c) &amp; Apple (1/2 c)</i>
6	7	8	9	10
Mantecada	Bean & Cheese Burrito <i>Hot Sauce</i>	Pan Dulce	Pancake Stack <i>Syrup</i>	Bagel w/ Cream Cheese
<i>Dried Cranberries (1/2 c) &amp; Apple (1/2 c)</i>	<i>Banana(1/2 c) &amp; Pear (1/2 c)</i>	<i>100% Fruit Juice (4 oz) &amp; Apple (1/2 c)</i>	<i>Orange &amp; Pear (1/2 c)</i>	<i>Pear (1/2 c) &amp; Apple (1/2 c)</i>
13	14	15	16	17
Holiday	Mini Maple Waffles	Cinnamon Roll	Chicken Sausage Breakfast Sandwich (biscuit)	Vanilla Mini Loaf & String Cheese
	<i>Banana(1/2 c) &amp; Pear (1/2 c)</i>	<i>100% Fruit Juice (4 oz) &amp; Apple (1/2 c)</i>	<i>Orange &amp; Pear (1/2 c)</i>	<i>Pear (1/2 c) &amp; Apple (1/2 c)</i>
20	21	22	23	24
Holiday	Breakfast Cheese Tamale	Coffee Cake	Pancake Stack <i>Syrup</i>	Pan Dulce
	<i>Banana(1/2 c) &amp; Pear (1/2 c)</i>	<i>100% Fruit Juice (4 oz) &amp; Apple (1/2 c)</i>	<i>Orange &amp; Pear (1/2 c)</i>	<i>Pear (1/2 c) &amp; Apple (1/2 c)</i>
27	28	1	2	3
Bagel w/ Cream Cheese	Yogurt Parfait w/ Strawberries Honey Grahams	Cinnamon Roll	Scrambled Egg Breakfast Sandwich	Blueberry Mini Muffin & String Cheese
<i>Dried Cranberries (1/2 c) &amp; Apple (1/2 c)</i>	<i>Pear (1/2 c)</i>	<i>100% Fruit Juice (4 oz) &amp; Apple (1/2 c)</i>	<i>Orange &amp; Pear (1/2 c)</i>	<i>Pear (1/2 c) &amp; Apple (1/2 c)</i>

All entrées served with choice of 1% milk or fat free milk. All grain items offered are Whole Grain Rich. This institution is an equal opportunity provider. Menus are subject to change without notice.