

NSLA TK-8 Lunch Menu



august 2022

MENU SUBJECT TO CHANGE WITHOUT NOTICE Lunch includes choice of ONE entrée, vegetable options, fruit, and fat free chocolate milk or 1% white milk.
This institution is an equal opportunity provider.

Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
		Beef Nachos w/ Baked Chips Turkey Breast Club Sandwich w/ Nacho Chips & Bean Dip Beef Chili w/ Tortilla Chips <i>Cucumber Slices w/ Tajin Banana</i> 1% White Milk Fat Free White Milk Fat Free Chocolate Milk	Chicken Tamale w/ Seasoned Corn Chicken Nuggets & Mashed Potatoes Cheese Tamale w/ Seasoned Corn Italian Turkey Submarine w/ Fuitable Juice Double Cheese Sandwich w/ Fuitable Juice Baby Carrots 2 Pear 1% White Milk Fat Free White Milk Fat Free Chocolate Milk	DOMINO'S PIZZA Pepperoni OR Cheese House Salad w/ Italian Orange 1% White Milk Fat Free White Milk Fat Free Chocolate Milk
8	9	10	11	12
Cheeseburger w/ Seasoned Fries Turkey & Cheese Sandwich on French Roll w/ Side of Fries Apple 1% White Milk Fat Free White Milk Fat Free Chocolate Milk	Cheese Lasagna w/ Tomato Basil Sauce Chicken Alfredo Pasta w/ Steamed Broccoli Double Cheese Sandwich on French Roll w/ Baby Carrots Beef Pastrami & Cheese Sandwich on FR w/ Baby Carrots Baby Carrots Orange 1% White Milk Fat Free White Milk Fat Free Chocolate Milk	Beef Nachos w/ Baked Chips Chicken Burrito Bowl w/ Oatmeal Cookie Plant-Based Chicken Burrito Bowl w/ Oatmeal Cookie Turkey Breast Club Sandwich w/ Nacho Chips & Bean Dip Double Cheese Sandwich w/ Nacho Chips & Bean Dip Jicama w/ Tajin Banana 1% White Milk Fat Free White Milk	Chicken Tamale w/ Seasoned Corn Cheese Tamale w/ Seasoned Corn Breakfast for Lunch: Pancake, Sausage Links & Seasoned Potatoes Baby Carrots 2 Pear 1% White Milk Fat Free White Milk Fat Free Chocolate Milk	DOMINO'S PIZZA Pepperoni OR Cheese Mixed Green Salad w/ Ranch Orange 1% White Milk Fat Free White Milk Fat Free Chocolate Milk
15	16	17	18	19
Beef Hot Dog w/ Oven Baked Fries Turkey & Cheese Sandwich on French Roll w/ Side of Fries Double Cheese Sandwich on OD w/ Seasoned Fries Apple 1% White Milk Fat Free White Milk Fat Free Chocolate Milk	Spaghetti & Meatballs Cheese Lasagna w/ Tomato Basil Sauce Beef Pastrami & Cheese Sandwich on WG Bun w Baby Carrots Cheesy Spaghetti HS Double Cheese Sandwich on French Roll w/ Baby Carrots Baby Carrots Orange 1% White Milk Fat Free White Milk Fat Free Chocolate Milk	Beef Nachos w/ Baked Chips Chicken Fajitas w/ Peppers, Refried Beans & Tortillas Plant-Based Chicken Fajitas w/ Peppers, Refried Beans & Tortillas Turkey Breast Club Sandwich w/ Nacho Chips & Bean Dip Double Cheese Sandwich w/ Nacho Chips & Bean Dip Cucumber Slices w/ Tajin Banana 1% White Milk Fat Free White Milk	Chicken Tamale w/ Seasoned Corn Popcorn Chicken w/ Cheesy Mash & Corn Italian Turkey Submarine w/ Fuitable Juice Double Cheese Sandwich w/ Fuitable Juice Baby Carrots 2 Pear 1% White Milk Fat Free White Milk Fat Free Chocolate Milk	DOMINO'S PIZZA Pepperoni OR Cheese Veggies of the day Orange 1% White Milk Fat Free White Milk Fat Free Chocolate Milk

22
 Cheeseburger w/
 Seasoned Fries
 Turkey & Cheese
 Sandwich on French Roll
 w/ Side of Fries
 Double Cheese Sandwich
 on OD w/ Seasoned Fries
 Taco Burger w/ Oven
 Baked Fries
 Apple
 1% White Milk
 Fat Free White Milk
 Fat Free Chocolate Milk

23
 Chicken Teriyaki w/ Chow
 Mein Noodles
 Cheese
 Lasagna w/ Tomato Basil
 Sauce
 Beef Pastrami & Cheese
 Sandwich on WG Bun w
 Baby Carrots
 Double Cheese Sandwich
 on French Roll w/ Baby
 Carrots
 Carrots
 Baby Carrots
 100% Fruit Juice
 1% White Milk
 Fat Free White Milk
 Fat Free Chocolate Milk

24
 Beef Nachos w/ Baked
 Chips
 Turkey Breast Club
 Sandwich w/ Nacho Chips
 & Bean Dip
 Chicken Chile Verde w/
 Pinto Beans, Rice, &
 Chips
 Jicama w/ Tajin
 Banana
 1% White Milk
 Fat Free White Milk
 Fat Free Chocolate Milk

25
 Chicken Tamale w/
 Seasoned Corn
 Baked Ziti w/ Meat Sauce
 Cheese Tamale w/
 Seasoned Corn
 Italian Turkey Submarine
 w/ Fruitable Juice
 Double Cheese Sandwich
 w/ Fruitable Juice
 Baby Carrots 2
 Pear
 1% White Milk
 Fat Free White Milk
 Fat Free Chocolate Milk

26
DOMINO'S PIZZA
Pepperoni OR Cheese
 Romaine Salad w/ Ranch
 Orange
 1% White Milk
 Fat Free White Milk
 Fat Free Chocolate Milk

29
 Cheeseburger w/
 Seasoned Fries
 Chicken Patty Burger w/
 Seasoned Fries
 Plant-Based Chicken
 Tenders w/ Seasoned
 Fries
 Turkey & Cheese
 Sandwich on French Roll
 w/ Side of Fries
 Double Cheese Sandwich
 on OD w/ Seasoned Fries
 Apple
 1% White Milk
 Fat Free White Milk
 Fat Free Chocolate Milk

30
 Cheese Lasagna w/
 Tomato Basil Sauce
 Chicken Enchiladas w/
 Creamy Green Salsa
 Cheese Enchiladas w/
 Creamy Green Salsa
 Double Cheese Sandwich
 on French Roll w/ Baby
 Carrots
 Baby Carrots
 100% Fruit Juice
 1% White Milk
 Fat Free White Milk
 Fat Free Chocolate Milk

31
 Beef Nachos w/ Baked
 Chips
 Turkey Breast Club
 Sandwich w/ Nacho Chips
 & Bean Dip
 Double Cheese Sandwich
 w/ Nacho Chips & Bean
 Dip
 Turkey Chili w/ Tortilla
 Chips
 Bean & Cheese Burrito
 w/ Nacho Chips & Bean
 Dip
 Cucumber Slices w/ Tajin
 Banana
 1% White Milk
 Fat Free White Milk
 Fat Free Chocolate Milk

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