

September 2022 K-8 Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
WEEKLY 5 FAVE				
Cheeseburger Oven Baked Fries <i>Ketchup</i>	Cheese Lasagna w/ Tomato Basil Sauce	Beef Nachos <i>Original Popped Chips</i>	Chicken Tamale w/ Seasoned Corn	
SANDWICH OF THE DAY				
Turkey & Cheese Sandwich on French Roll <i>Mayonnaise</i> <i>Side of Baked Fries w/ Ketchup</i>	Beef Pastrami & Cheese Sandwich on French Roll <i>Mayonnaise</i> <i>Baby Carrots (1/2 c)</i>	Turkey Breast Club Sandwich <i>Mayonnaise</i> <i>Nacho Chips w/ Bean Dip</i>	Italian Turkey Submarine <i>Fruitable Juice (4 oz)</i>	
ENTRÉE SALAD OF THE DAY				
	Chicken Taco Salad <i>Tortilla Chips</i> <i>Ranch Dressing</i>	Southwest Chicken Salad <i>Original Popped Chips</i> <i>Ranch Dressing</i>	Buffalo Chicken Salad <i>Wheat Crackers</i> <i>Ranch Dressing</i>	
FEATURED ENTRÉE OF THE DAY				
29	30	31	1	2
Chicken Patty Burger Oven Baked Fries <i>Ketchup</i>	Chicken Enchiladas w/ Creamy Green Salsa	Turkey & Bean Chili <i>Tortilla Chips</i>	Breakfast for Lunch: Pancake, Chicken Sausage & Seasoned Potatoes <i>Syrup</i>	PIZZA FACTORY Cheese OR Pepperoni <i>Whole Grain Oatmeal Cookie</i>
<i>Oven Baked Fries in Meal</i>	<i>Baby Carrots (1/2 c)</i>	<i>Cucumber Slices w/Tajin (1/4 c)</i>	<i>Baby Carrots (1/4 c)</i>	<i>House Salad w/ Italian (1 c)</i>
<i>Apple</i>	<i>100% Fruit Juice</i>	<i>Banana</i>	<i>Pear</i>	<i>Orange</i>
5	6	7	8	9
Labor Day Holiday	Spaghetti & Beef Meatballs w/ Tomato Basil Sauce	Chicken Fajitas w/ Refried Beans & Peppers <i>Whole Grain Tortillas</i>	Chicken Nuggets w/ Mashed Potatoes	PIZZA FACTORY Cheese OR Pepperoni <i>Whole Grain Sugar Cookie</i>
	<i>Baby Carrots (1/2 c)</i>	<i>Jicama Sticks w/ Tajin (1/4 c)</i>	<i>Baby Carrots (1/4 c)</i>	<i>Lettuce, Tomato & Pickle Kit</i>
	<i>100% Fruit Juice</i>	<i>Banana</i>	<i>Apple Sauce</i>	<i>Orange</i>
12	13	14	15	16
Turkey Taco Burger Oven Baked Fries <i>Ketchup</i>	Chicken Teriyaki Chow Mein Noodles	Chicken Burrito Bowl w/ Rice & Black Beans <i>Whole Grain Oatmeal Cookie</i>	Bake Ziti w/ Meat Sauce **no tamale option today	PIZZA FACTORY Cheese OR Pepperoni
<i>Oven Baked Fries in Meal</i>	<i>Baby Carrots (1/2 c)</i>	<i>Cucumber Slices w/Tajin (1/4 c)</i>	<i>Baby Carrots (1/4 c)</i>	<i>House Salad w/ Italian (1 c)</i>
<i>Apple</i>	<i>100% Fruit Juice</i>	<i>Banana</i>	<i>Pear</i>	<i>Orange</i>
19	20	21	22	23
Beef Hot Dog Oven Baked Fries <i>Ketchup</i>	Chicken Alfredo Pasta w/ Steamed Broccoli	Chicken Chile Verde Pinto Beans & Rice <i>Whole Grain Chocolate Chip Cookie</i>	Beef BBQ Meatballs w/ Mashed Potatoes <i>Dinner Roll</i>	PIZZA FACTORY Cheese OR Pepperoni
<i>Oven Baked Fries in Meal</i>	<i>Baby Carrots (1/2 c)</i>	<i>Jicama Sticks w/ Tajin (1/4 c)</i>	<i>Baby Carrots (1/4 c)</i>	<i>Romaine Salad w/ Ranch (DOD)</i>
<i>Apple</i>	<i>100% Fruit Juice</i>	<i>Banana</i>	<i>Apple Sauce</i>	<i>Orange</i>
26	27	28	29	30
Chicken Patty Burger Oven Baked Fries <i>Ketchup</i>	Chicken Enchiladas w/ Creamy Green Salsa	Turkey & Bean Chili <i>Tortilla Chips</i>	Breakfast for Lunch: Pancake, Turkey Sausage Links & Seasoned Potatoes <i>Syrup</i>	PIZZA FACTORY Cheese OR Pepperoni <i>Whole Grain Sugar Cookie</i>
<i>Oven Baked Fries in Meal</i>	<i>Baby Carrots (1/2 c)</i>	<i>Cucumber Slices w/Tajin (1/4 c)</i>	<i>Baby Carrots (1/4 c)</i>	<i>House Salad w/ Italian (1 c)</i>
<i>Apple</i>	<i>100% Fruit Juice</i>	<i>Banana</i>	<i>Pear</i>	<i>Orange</i>

All entrées served with choice of 1% milk or fat free milk. All grain items offered are Whole Grain Rich. This institution is an equal opportunity provider. Menus are subject to change without notice.